

APPLICATION FORM FOR GRANT 22/23

Please read the policy on pages 1, 2 and 3 **before** filling in the form.

1. Name/Address of Organisation:

The Friendly Food Club, % Townsend Community Centre, Jewell Road, Bournemouth
BH8 0LT

Name of person making the application:Liz Guilmant-Cush.....

Position in organisation:CEO.....

Contact phone number: Supplied

Email address: Supplied

About Your Organisation

2. Does your organisation:

Yes

Have its own bank account, which requires two unrelated people to authorise cheques and make withdrawals?	x
Have at least three members on its management committee	x
Have a constitution, terms of reference or set of rules (<i>please contact for help with this if needed</i>)	x

3. Are you a registered charity? **Yes**/:

If so, please give your charity number:1201623.....

4. Is your organisation part of, or affiliated to, a larger organisation?

If so, which:No.....

5. Aims and objectives of your organisation; What does your organisation do and how does it benefit the residents of Weymouth?

The Friendly Food Club is Dorset's cooking and food education charity. Our enthusiastic team delivers cookery workshops and food education and skills sessions in the community, including friendly and social cooking programmes, cookery skills, healthy eating and therapeutic cooking sessions, and community meals for elderly and vulnerable groups.

6. Where does your organisation meet?Mobile.....
7. How often do you meet? ...As and when.....
8. How many members does your organisation have? ...Work in collaboration with local groups and organisations
9. How many people will benefit from this funding? 40 households.....
10. How many of these are Weymouth Town Council area residents?
...100..... %
11. How much funding are you applying for? £...1120.....
12. What is the total cost of your project? £...9370.....

NOTE: Weymouth Town Council will only approve allocations up to £5,000 in exceptional circumstances that are clearly detailed in question 15, with regard to the information in Policy point 6.

13. Briefly describe the project or purchase you would like the funding for:

The Friendly Food Club have secured funding for several different cooking sessions in the Autumn in the Weymouth area from a number of different sources. These sessions will focus on introducing cooking skills, preparing cheap and nutritious meals from basic ingredients and using energy efficient equipment. This is with the aim of increasing the confidence and skills of individuals to reduce their expenditure on food to divert more disposable income towards other financial commitments. This leads to more resilience, financial stability and improved well-being of residents.

Our request from Weymouth Town Council is to support 40 people attending these cooking sessions with a free slow cooker. Slow cookers are incredibly cheap to run about 8p per hour, compared to 71p per hour for an oven) allowing participants to save money on electric bills and cook healthier and cheaper food.

14. Which of the Council's priorities does the project contribute to?
 - € **Improve the wellbeing of the people of Weymouth.**
 - € Manage the Council's assets and resources responsibly and transparently.
 - € Manage the Council's services effectively to meet the needs of the communities we serve.

- € Work to become greener and cleaner in our activities as well as supporting our communities and partners to be as green as possible.
- € Promote opportunities for economic success of the area.
- € Strive for continuous improvement and service development.
- € **Work with partners to deliver our core values and strategy.**

15. If your application is for between £3,000 and £5,000 please give full details of the **exceptional circumstances** relating to your request. Please see policy point 6 for examples of what constitutes exceptional circumstances

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16. How will you spend the money you are applying for? Please remember that Weymouth Town Council do not normally give grants for running costs unless associated with a specific project:

Item	Amount
Purchase of slow cookers @ £28 each x 40	£1120
	£
	£
	£
Total	£1120

17. How else are you funding your project? Include grants from other organisations, fund raising and existing reserves:

Source	£	Confirmed?
Abri Housing	6,000	Yes
Dorset Council	1,500	Yes
Christains Against Poverty	750	Yes
Total	8250	

18. How will the funding benefit the community or residents of Weymouth?

The funding will benefit the residents of Weymouth by providing the session participants with the equipment to allow them to practice what they learned in the sessions and implement the skills, grow in confidence and most importantly cook meals from basic ingredients, saving them money. The receipt of a slow cooker will impact on the whole household not just the person attending the cooking sessions. In other areas it has been shown that residents will often share this equipment and use it to batch cook, making meals for another time, and making meals for each other. This enables people to share their experiences and save more money.

Cooking has been shown to improve self confidence, physical and mental health and financial management skills.

19. If your project focusses on a particular area of Weymouth, please give the name of the Councillor who is supporting your application?

Sessions will take place in TopClub and Littlemoor and Westham Foodbank.

20. How do you know that the groups you work with, or the local community, want this project to take place? Please detail any consultation undertaken:

These projects have been requested by the above organisations and they have approached the Friendly Food Club to deliver them. The groups have responded to requests and needs from their local communities. The Friendly Food Club have been involved in the Weymouth area for many years and the name is recognised by many of the local communities. By working in collaboration with local groups, Top Club, The Nest, Christians Against Poverty, Westham Food Bank, Keep in Touch Weymouth, Abri etc.

21. How will this funding lead to greater self-sufficiency and lessen the need for future applications?

The provision of both cooking sessions and the equipment will lead to greater self sufficiency for those residents that most need it. This will lead to greater confidence to try more cooking at home, reducing food bills. The equipment will allow participants to save money on energy bills.

22. Weymouth Town Council declared a Climate and Ecological Emergency in 2019 and is keen to ensure that environmental impact reduction and opportunities for environmental enhancement are mainstreamed through its work.

How will this project help improve the environment and what mitigation measures will be put in place to limit environmental impacts such as use of single use plastics, waste generation, sustainable travel, reducing energy usage?

In other communities this project has helped to:

1. Reduce food waste - encouraging participants to cook their own food helps to use reduce priced ingredients, donated or free food.
2. Reducing packaging - by encouraging participants to cook it will reduce reliance on pre-packaged ready meals, takeaways and processed foods.
3. Reducing energy - the use of low energy appliances will reduce energy demands.
4. Reducing travel - where households cook their own meals they use less takeaways or home deliveries, this reduces traffic and mileage.

23. How is your organisation normally funded? Not applicable to new organisations:

Grant funded from a variety of organisations, including Dorset Community Foundation and Dorset Council.

24. What are your current/planned subs/fees/charges?

We do not charge participants for attending.

25. The Council wishes to ensure that its limited grant budget goes to help those most in need. The Council will not normally fund events or activities for which a charge is made e.g. tickets for a dinner or a fee to attend a club. If it is intended to have a charge, please let us know how much people will be charged to access this project and what steps are to be put in place to ensure as many people as possible from Weymouth are able to access the project.

If a surplus is to be made please detail how and when these funds will benefit the communities in Weymouth:

26. Have you applied for any other funds/grants towards the cost of this project or purchase? Please include details below:

Other grants are committed and the cooking sessions projects will go ahead, but without the donation of the slow cooker.

27. What fund raising activities took place in the **last** 12 months and what fund-raising activities are planned for the **next** 12 months, if any?

Grant applications
Attending town events with childrens cookery projects

28. Anticipated income/expenditure for the next 12 months?

£160,000

29. Details of any grants or financial support received from local authorities including Weymouth Town Council in the past three years with dates:

Dorset council - Household Support Fund, Organisation Revenue & Support Fund, Holiday Activities & Food, Youth Fund.
Weymouth Town Council - last grant 2021, for Covid emergency food support.

30. Grants from non-local authority sources in the last three years with dates, if you have any:

Abri Housing
Faithworks Wessex
Dorset Community Foundation
Asda, Tesco, Waitrose
Bournemouth University - a full list can be provided on request

31. Has the project that you want the funding for already happened? /No (delete)

32. Will you be passing the funding on to any other groups (except to pay for goods and services)? /No (delete)

33. If the funding is for security measures do you have the support of the local police and/or crime reduction officer?

Not applicable (delete)

34. If the funding is for work with vulnerable adults or children, do you have the support of either Adult Social Care or Children's Services at Dorset Council?

Not applicable (delete)

Please give us details of the bank account that the grant should be paid into if approved (this cannot be a building society passbook account):

Name of Account: Supplied

Account number: Supplied

Sort Code: Supplied

Please ensure you have read the policy on pages 1 - 3 before signing the form.

Checklist (please tick the appropriate boxes)

Have you submitted the following?

- A copy of your most recent accounts (not more than 12 months old);
- Your most recent bank account statement & details of any other investments/savings (not more than 3 months old);
- A copy of your constitution / terms of reference / set of rules;
- A copy of the notes from your last Annual General Meeting;
- Details of your organisation's officers;
- A copy of your safeguarding policy if your group works with vulnerable adults, or children;
- A copy of your adopted equal opportunities policy or statement;
- Any other documentation you feel may help in assessing your application.

Privacy Notice

In accordance with the General Data Protection Regulation (GDPR), I/We agree that Weymouth Town Council will process and hold personal information about me/us and my/our group or organisation only in relation to this grant application. I/We consent to my/our personal information, including that contained in this form, being stored manually and/or electronically by Weymouth Town Council. It will be held securely and treated confidentially for six years after an application is made. I/We understand that it will only be accessed by authorised staff members to manage the grant application process.

I also understand that Weymouth Town Council may pass details onto an official organisation where required to do so by law or contract. I/We understand that my/our data will be disposed of securely six years after the application and that I/we have the right to correct the information at any time. I/We have been made aware of my/our rights under GDPR.

Declaration:

I/We declare that the information confirmed in this application is correct and that any grant received will be applied as detailed in the request.

I/We declare that we have read the policy on pages 1 - 3 and that our application complies with the policy.

I/We declare that I/we have included all the requested information.

I/We fully understand that if I/we do not include the requested information and/or if mine/our application does not comply with the policy, the application may be rejected.

I/We fully understand that we will need to attend a Finance and Governance Committee meeting to present our request.

Signed: ...EGuilmant-Cush.....

Name:Liz Guilmant-Cush.....

Date:15th August 2023.....

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Grant applications must be checked against the following criteria. Any questions where the answer is no must be reported to the Finance and Governance Committee meeting where the application is being considered and must form part of the formal agenda items list for that meeting.

Yes	No (investigate)	
Yes		The grant will result in a benefit for the area covered by the Town Council and will contribute positively to the area of Weymouth?
Yes		Does the grant exclude ongoing running costs?
n/a		If the application is for running costs has the applicant included plans for where future running costs will be found from?
Yes		Is the grant for a group and not for individuals or organisations whose function is primarily undertaken by the health authority or Dorset Council's Social Services?
Yes		Is the grant for non-political or non-quasi-political organisations or projects?
Yes		Is the grant application for £3,000 or less?
n/a		For applications between £3,000 or £5,000, has the applicant fully detailed the exceptional circumstances?
Yes		Does the application include the required financial and organisational information?
Yes		Is this the only application in this financial year from this group or organisation?
Yes		Is the applicant based in the Town Council area? If not, has the applicant detailed what proportion of beneficiaries of the grant reside in the area?
Yes		Is the application for future funding? (i.e. not retrospective)
Yes		Is the grant for the sole use of the applying group and not to pass on money?
Yes		Has the applicant demonstrated how one-off grant funding will lead to greater self-sufficiency and lessen the need for future applications?
n/a		For applications for funds for security measures, does the applicant have the support of the local police or crime reduction officer?
n/a		For projects involving vulnerable children or adults, do the organisers have the support of Adult Social Care or Children's Services at Dorset Council?
Yes		Will a representative be attending Finance & Governance Committee?

Assessing officer: Helen Legg

Date of assessment: 6th September 2023

Decision (delete as applicable): proceed to committee

Approved as agenda item for the Finance and Governance meeting on: 4th October 2023