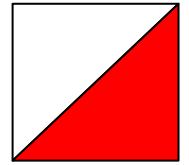


FANCY A CHALLENGE? WANT TO HAVE SOME FUN?



THEN TRY AND NAVIGATE YOUR WAY AROUND NOTHE GARDENS, WEYMOUTH. DT4 8UF

Orienteering is a Sport for All - all abilities and all ages: children, families, groups of friends, wheelchair users, keen walkers, runners and international athletes.

Orienteering takes place in parks, urban areas, forests and around towns and cities.

This leaflet introduces you to orienteering at the Nothe Gardens. The Gardens are a small area with steep slopes shown by the cliff lines on the North side and some great Dorset Pine trees.



There are three length courses, a short 700 metres, medium 900m and long 1600m. You always start and finish on the flat top and can choose any course you like - perhaps all three, if you're up for the challenge of doing 3 loops!

The aim of the sport is to navigate around your chosen course from Start to Finish and to visit all the control points on the way.

What you need:

1. Borrow a map from the Nothe Chalet café near the car park, the Stone pier cafe, The Nothe Tavern or Nothe Fort. You can also download the map from Wimborne Orienteers' website: wimborne-orienteers.co.uk (look for the Permanent courses tab)
2. A smart phone or pen and paper to record your course.
3. Choose one of the three courses available.

How to take part:

1. If you are using a smartphone download the free app from: oriento.uk
2. Find the start/finish symbol  on the map and find your way there!
3. Scan the start QR code on the start marker to begin. 
4. Follow the sequence of letter markers on the map scanning each QR code for the course you have chosen.
5. Scan the finish QR code to register your time.
6. Upload your results to the app and see how you compare to other people.

If you borrowed a map from one of the outlets, please return it for others to use.

(Why not download & keep one from: wimborne-orienteers.co.uk)



Nothe Gardens Orienteering



Go to the start marker  and find the welcome information and how to take part.

SHORT COURSE - approx. 700 metres

(Suitable for all)

WV	Back of sign
RG	Elizabethan Way stone
VD	Top of steps on fence
AQ	Southern-most rock
YX	Bug Hotel
MX	Spider
ZB	Inside giant owl slide
HH	Drain cover
AZ	Top of steps on fence

MEDIUM COURSE - approx. 900 metres

(Includes some steps and grassy slopes)

BP	Foot of steps (inside fence)
UA	Nothe Gardens sign (inside fence)
PR	Lamp post
QE	Fence corner
GD	Steps
KU	Concrete flagstone
NV	Metal box
ER	Back of sign

LONG COURSE - approx. 1600 metres

(Includes some steps and grassy slopes)

ER	Back of sign
KV	Top of steps
EX	Rock near lamp post
QM	Foot of steps
CN	Foot of steps / wall
JR	Wall corner
LW	Stone sculpture / wall
KS	Rocks

Try all 3 loops in one go!

approx. 3200 metres, 24 controls

You can visit many other Permanent Orienteering Courses:

<http://www.wimborne-orienteers.co.uk/d7/node/127#overlay-context=node/127>

<http://www.wessex-oc.org/mapped-areas/permanent-orienteering-courses/>

<https://www.britishorienteering.org.uk/goorienteering>

HAPPY ORIENTEERING!!

Disclaimer: Orienteering at this venue is done entirely at the participants' own risk and on the condition that they have no claim whatsoever against the Wimborne Orienteering Club, for any loss, damage or injury however suffered or caused. Take care when using the grounds.